

St. John the Baptist and Holy Trinity Parish

Sunday Mass: 9:00am Confession : Thursday 4:00-5:00pm

406 Court Street Syracuse, NY 13208 Office (315) 478-0916 Fax (315) 423-8096

March 1, 2026



Office Hours SJB/HT

Mon.-Thurs. 9:00am-4:00pm

Friday 9:00am-2:30pm

Pastor: Fr. Brendan Foley

Secretary/Bulletin Editor: Nancy Bergeson

Music Director/Organist: Mr. James Stanley

Buildings/Grounds: Robert Warren

Religious Education: Betty Warren

Sacristan/Grounds: Allan Chouinard

Altar Servers: Benjamin Chouinard

Alyssa Warren & Cecilia Judge

Parish Council President: David William

Trustees: Gerald Mott & John Cannizzaro

E-mail - nbergeson@syrdio.org

Web Site - www.stjohnthebaptist-holytrinity.com

Syr. Dio. Web-site - www.syracusedioecese.org

Please call the rectory to arrange marriages, six months prior to date, we will provide information to you for our organist, baptisms and hospital/home visits.

**St. John the Baptist/Holy Trinity
Friday Lenten Fish Dinners
4:30-7:00pm**

In conjunction with the Pastimes Athletic Club our popular Friday Lenten Fish Dinners will be back.

Pastime Athletic club 1314 N. Salina St. enter on the parking lot side of the club, **not** the back door like last year.

Dinner Dates

March 6th, 13th, 20th & 27th

Menu

Dinners \$15 Baked, Broiled & Fried Fish w/choice 2 sides French fries, mac & cheese, cole slaw, Mega meal \$18 choice fish and all sides, Fried fish sandwich w/fries \$12, available (price TBA) kids meal chicken tenders fries or mac & cheese and soup TBA.



From Fr. Brendan Foley

The Second Sunday of Lent (each year!) presents us with the account of Jesus' Transfiguration for our meditation. Such an important moment in the Gospel that probably seems a bit cryptic or hidden from us as to its purpose. We might be very familiar with the artwork depicting this scene: Jesus and his garments becoming dazzling white, Moses and Elijah on either side of him, the fear or amazement captured on the faces of Peter, James, and John. Today we hear the account of this moment in *Matthew's* Gospel, and what stands out to me are Jesus' words as this moment concludes. In awe having witnessed Jesus here, Peter is in fear and rightly he's overwhelmed. Yet Jesus comes directly to him, takes hold of him, and simply says "Rise and do not be afraid."

We should recall that the purpose of glimpsing the transformative glory reveals to us the inner life of the Trinity, and most clearly for us: Jesus' communion or oneness with his heavenly Father. The reality of this moment is that nothing for Jesus changes here. Living in this glory is how Jesus always is. He is constantly in perfect communion with the Father at every moment of his earthly life. While we hear about the clothes changing, the presence of Moses and Elijah—all this is good, but really no part of Jesus' identity changes. WE, however, like Peter, James, and John, are privileged to again see who Jesus is, and we are implored to remember. Imagine in this moment, a veil is being lifted, blurriness is removed, and we glimpse the radiance of the mystery and light of God. In this unique moment, the three disciples are privileged to see this and hear again from the heavenly Father as Jesus is about to now head directly to his passion. We, like those disciples, MUST remember this radiant glory because it is even present even in its apparent absence when we see the darkness and shame of the death on the Cross.

If we remember this powerful divine life, the constancy of Jesus' union with the Father, we can remember what you and I are also called now to share in this same life. Now when we have to confront the many sources of grief, pain, sin, we have recourse to the glory of the Lord. Because of the Lord's life alive in us and because of the strengthening we receive from the Sacraments, we can bear with boldness the glory, light, and power of the Gospel even in the face of our own earthly sufferings. The Holy Spirit, the bond of unity of the Church was been poured out that you and I might be given a share in this communion of divine life, too. Because of this we are drawn into the mystery of how it is that Jesus so freely and lovingly endures his passion. This glory also sheds greater light on how even can enter into the more mundane, hidden, or quiet moments of the Gospel as Jesus teaches, heals, and goes about his ministry. The perfect communion he shares with the Father is always there. The beauty of the hidden life of the Trinity laid bare in the Transfiguration is **always** there, and always operative in Jesus.

Oftentimes in our spiritual lives, we hunger specifically for this 'mountaintop' experience, we deeply desire to glimpse or feel the radiance of God's presence in our life (as we should). However, more often than we'd probably prefer, we live in the in-between moments of our spiritual lives waiting for the next major reassurance of God's accompaniment, the next incredible grace that reveals God to us—we forget the reality of the communion that God has invited us to also share constantly with him even in the quiet, hidden moments of our lives. We should consider that veiled from our sight is the constancy of the communion that lives in us from the moment of our Baptism that gets covered over or even damaged by our sin and separating ourselves from it in its fullness. If we approach our prayer lives with the confidence that the glory and constancy of God's presence is always there whether we are privileged to see the dazzling effects of grace around us or merely the graces always sustaining us, we might grow in our capacity for perseverance. As amazing as the big transfiguration moments are for us in our lives, equally important for us to remember is the connectedness we are invited to lean into every day of our lives.

This Transfiguration moment is an icon for our spiritual lives as disciples. Peter, James, and John will come to recall the blessing of witnessing this moment when Jesus' paschal mystery is accomplished. They will recall Jesus' identity and his communion with the Father in his suffering when they themselves also face the suffering of the cross in *their* lives. Because of glimpsing his glory and transfiguration, they will continue clinging to the Lord, seeking his grace, and like St. Paul, to never find themselves as "enemies of the cross," and instead, live boldly anchored hope for whatever they endure. May Jesus' words to us to rise and be unafraid transform us anew today.



Lector - March 1, 2026

Lisa Johnson

Lector - March 8, 2026

Ashley Crisafulli

Eucharistic Ministry

Center

March 1

Dave William

Mary's Side

Mary Beth Cusano

March 8

Pat Minnoe

Mary Anne Bergamo

March 15

Mary Beth Cusano Karen Fekete

March 22

Larry Argiro

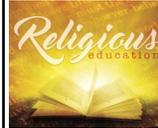
Cathy Horton

March 29

Mary Beth Cusano Dave William

Spring Ahead

Lose an hour of sleep but gain SPRING! Set your clocks ahead on Saturday evening, March 7th, and also change the batteries in your carbon monoxide detectors.



Religious Education Announcements

Religious Ed resume this week. Please pray for our students, and teachers as they continue their education programs. Please especially pray for our 5 Confirmation 1 students, who are preparing to be confirmed in 2027 and our 6 first Communion students who will receive the Sacrament of First Communion on May 10th.

Prayer For Everyday And Everybody Blessing of Hope

In Your goodness Lord, bless us. Help us to know Your abundance and Your gifts. Help us to hear Your voice and know Your assurance. Help us remember what You have done, and look forward to what You will do. Amen. ©LPi



SUNDAYS
OF THE HOLY GOSPEL

9:00am Mass Intentions for SJB/HT
March 1, 2026 - Rosalie Emm - The Estate
 Francis Galimi - Twin Brother
 Teresa Greenfield - The Family
 June Casey - Betty & Bod Warren
March 8, 2026 - Antonio McLaughlin - Mother
 Michael Butwin - Mary Regina
 Vincenzo & Angela Abbatiello - The Family

Sacrificial Giving
 Collection Feb. 22nd: \$1,818.00

Offering Envelopes


Stations of the Cross

Stations OF THE CROSS


At SJB/HT we will offer stations **Fridays of Lent at 4:00pm then join us at the Pastime Club for dinner, and also before our Sunday Mass at 8:40am.** Looking for leaders to read each station either at the podium or while walking around each station with the portable mic. Parishioners are welcome to walk each station as well. If anyone would like to lead the stations please call the rectory.

Virtues Explained
Self-Control
 Love. Joy. Anger. Desire. Fear.



These are just a few of what are called the “passions” of humankind, and in order to understand self-control, we must first understand the passions. Our passions are neither good nor bad — it’s all in how we interact with them.

Enter the virtue of self-control.

Self-control flows from the cardinal virtue of temperance, and it’s really all about boundaries. Passions only become problematic when we allow them to control us. Through self-control, a gift of the Holy Spirit, we avoid surrendering too much of ourselves to our passions.

“When regulated by reason, and subjected to the control of the will, the passions may be considered good and used as means of acquiring and exercising virtue,” we read in The Catholic Encyclopedia. “The sensitive is given to man by God, and therefore its acts have to be employed in His service.” ©LPi

PREPARE FOR LENT


Lenten Activities
 Tuesdays evenings join at the Convent at OLP/SP for Holy Hour, Eucharistic Adoration, Fr. Foley will also lead some quiet praise and worship music as has been the case when we do this!

After the time of prayer, a program will be offered journeying through the book, now spiritual classic, “*He Leadeth Me*” by **Fr. Walter Ciszek**. Books will be available through Fr. Foley, or you can obtain yourself, but also you are welcome to **participate even if you don’t want to read the book!** Each week a few chapters will be covered, and together we will be transformed by Fr. Walter’s amazing and powerful testimony. Adoration will start at 5:30 in the chapel, the talks/class will follow at 6:30/6:45. Please feel welcome to join even if you can’t make it every week.

Eucharistic Adoration will be offered during the regularly scheduled hour of confession at both OLP/SP Wed. 4:00-5:00pm. and SJB/HT Thurs. 4:00-5:00pm. We hope to continue this even after Lent! Please come and rest with Jesus in the Blessed Sacrament!



Reflect: Readings and Gospel
1st Reading Question: Trusting in the Lord, Abram is obedient to the directive to leave his land and home. When have others had to place their trust in you?

2nd Reading Question: Paul instructs Timothy to draw on the strength God gives us when facing hardships. Can you think of a difficult time when you relied on God’s strength to help you?

Gospel Question: In the transfiguration of Jesus, Peter, James, and John are fearful when they hear God’s voice speak from the cloud. As the season of Lent continues, what are some fears you are facing? ©LPi

A Family Perspective
Family Life Education


Transfiguration is a common occurrence in families. When we commit to another, such as a spouse in marriage or a child in parenting, we are not committing to them only as they are today, but to the person they are becoming.



Pray For Vocations
 Jesus tells his disciples, “Rise, and do not be afraid” and invites them to follow him. He speaks the same words to you. Is he inviting you to not be afraid of following him as a priest, deacon, or religious brother or sister? Email: vocations@syrdio.org and follow us on Instagram [@vocationssyracuse](https://www.instagram.com/vocationssyracuse).

Parishioners, please look through this list for any names that should be removed. Also, if you have a loved one to request for prayers call the office to have their name added.



Remember: Mike Affleck, Shawn Babcock, Nancy Bailey, Jack Brien, B.J. Bubniak Family, Arlene Bukowski, Ashley Caiello, Robert Capria, Catherine Cushman, Linda Deapo, Theresa Domathowski, Hank Donohue, Ginny & Erin Donovan, Tenley Farrow, Marilyn Ferretti, Ellen Gangemi, Gladys Graham, Joseph Guinto, Jeanne Hammond, Mary Isgar, Carla Johnson, Tony Lauretti, Shirley Kerr, Emma Lane, Kay Ledermann, Jackie Limeri, Luciano Luisi, Steven Malkoski, Judy & Skip Marioritti, Michael & Darlene Morga, Diane Moro, Peggy Palerino, The Pavia Children, Antoinette Perotta, Faith Setzer, Marion Sherwood, Esther Sindoni, John Sobon, Patricia Soule, Timothy K. Suppes, Patrick St. Thomas IV, Barbara Traino, Shelly Visco, Matthew Watkins, Fred Wheeler and Carol Young. **We also remember in our prayers our Service Men and Women & our Health Care Workers. Due to HIPAA laws, hospitals are not allowed to give names of patients. Please notify the parish office if you have a loved one in the hospital, a nursing home or is homebound and would like a visit.**

Contribution Statements
 If you require a SJB/HT Contribution Statement of your church donations for 2025 taxes, please contact the rectory during office hours, 315-478-0916, email at nbergeson@syrdio.org or fill in the slip below and send to SJB/HT 406 Court St. Syr. NY 13208, or, save a stamp and put your request in a plain envelope and put it into the collection basket attention “Nancy”.

PLEASE DO NOT PUT YOUR REQUEST INTO YOUR CONTRIBUTION ENVELOPES.

Name: _____
 Address: _____
 C/S/Z: _____ Envelope Number: _____