

St. John the Baptist and Holy Trinity Parish

Sunday Mass: 9:00am Confession : Thursday 4:00-5:00pm

406 Court Street Syracuse, NY 13208 Office (315) 478-0916 Fax (315) 423-8096

February 8, 2026



## 5<sup>TH</sup> SUNDAY IN ORDINARY TIME



"You are the light of the world. A city set on a mountain cannot be hidden." - Mt 5:14

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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**Office Hours SJB/HT**

Mon.-Thurs. 9:00am-4:00pm

Friday 9:00am-2:30pm

Pastor: Fr. Brendan Foley

Secretary/Bulletin Editor: Nancy Bergeson

Music Director/Organist: Mr. James Stanley

Buildings/Grounds: Robert Warren

Religious Education: Betty Warren

Sacristan/Grounds: Allan Chouinard

Altar Servers: Benjamin Chouinard

Alyssa Warren & Cecilia Judge

Parish Council President: David William

Trustees: Gerald Mott & John Cannizzaro

E-mail - [nbergeson@syrдио.org](mailto:nbergeson@syrдио.org)

Web Site - [www.stjohnthebaptist-holytrinity.com](http://www.stjohnthebaptist-holytrinity.com)

Syr. Dio. Web-site - [www.syracusediocese.org](http://www.syracusediocese.org)

Please call the rectory to arrange marriages, six months prior to date, we will provide information to you for our organist, baptisms and hospital/home visits.

### St. John the Baptist/Holy Trinity Friday Lenten Fish Dinners 4:30-7:00pm

In conjunction with the Pastimes Athletic Club our popular Friday Lenten Fish Dinners will be back.

Pastime Athletic club 1314 N. Salina St. enter on the parking lot side of the club, **not** the back door like last year.

#### Dinner Dates

Wednesday Feb. 18th

Friday Feb. 20th & 27th Friday March 6th, 13th, 20th & 27th

#### Menu

Dinners \$12 Baked, Broiled & Fried Fish w/choice 2 sides French fries, mac & cheese, cole slaw, Mega meal \$18 choice fish and all sides, Fried fish sandwich w/fries \$12, available (price TBA) kids meal chicken tenders fries or mac & cheese and soup TBA.



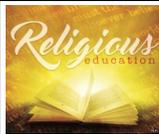
### From Fr. Brendan Foley

Last Sunday Jesus began the Sermon on the Mount (Mt. 5-7) and as we reflected, rather than hearing the Beatitudes as simple nice sayings or paths to a happiness we should receive them rather, as a blueprint of the heart of God. We are called to allow Jesus to live his life in us, and even to share his blessedness—that as this very heart of God grows in you and me, we come to know the rewards of this friendship sharing His life, both now in the struggles of living for the Gospel, and for a heavenly reward of blessedness that we couldn't possibly comprehend now but something we are called to one day experience in fullness. The Beatitudes are, in fact, *promises* of our Heavenly Father, that with an openness to receiving anew the gift of the Holy Spirit (especially through the Sacraments) our lives are transformed into the life of Christ.

Today, continuing this Sunday, the Sermon on the Mount teaches about the fruits of embodying the Beatitudes, and what happens within us the more we allow Christ to live and move in us. As we reflected, it is essential for us to have first developed within us the disposition of being *poor in spirit* as being foundational, so that we learn to rely completely on God who desires to give everything to us when we humbly turn to him in our weakness. When we grow in our ability to trust in the goodness of God and in his ability to provide—we start to imitate the very life and generosity of God. This transformation leads us to Jesus' words today that immediately follow the beatitudes: "your light must shine before others, that they may see your good deeds and **glorify your heavenly Father.**"

It is especially the "good deeds" that flow from our Heavenly Father and from that of the Church, lived out in our lives that are to "shine" before others. Our witness to these graces in us reflect to the world the existence of God who loves deeply and radically. What exactly these deeds are might be a very long list, but in the context of our readings today consider what Isaiah puts forth before us today as a particular kind of "fasting" that the Lord delights in (cf. Isaiah 58:6ff): *Share your bread with the hungry, shelter the oppressed and the homeless; clothe the naked, don't turn your back on your own, call on the Lord for help, remove oppression, false accusation and malicious speech from your midst, and let the glory of the Lord shine through you in the darkness.* If these kinds of works flow from our lives, authentically rooted in our relationship with the Lord, light is produced—not from our origin, but that of divine origin.

These acts just constitute the basics...and as St. Paul tells us in the second reading today, there doesn't need to be anything fancy about the way these good deeds are put into practice. The witness of Paul's life (by his own measure) is not extraordinary, he is not showy, he is not a gifted speaker, nor is there anything particularly compelling about him other than that Jesus transformed his life. He spent every day trying to shed light on the reality of the divine person of Jesus, the life and light only Jesus offers, and why Jesus must matter to every living soul. While the standards of the world may look at us trying to live the beatitudes or trying to live in the light of the Gospel as out of touch, unexciting, or wasting our time, the reality is that the crucified Christ is really present to us under the form of bread and wine for all who wish to receive him and be transformed by him. This unfathomable good that Jesus accomplished for us, and by which we continue to be transformed, should lead us to always glorify our heavenly Father, too, for the love he has shown us.



### Religious Education Announcements

There are no Religious Ed classes for the next 2 weeks, Feb. 15 & Feb. 22, for Winter Recess. Please pray for our students, and teachers as they continue their education programs. Please especially pray for our 5 Confirmation 1 students, who are preparing to be confirmed in 2027 and our 6 first Communion students who will receive the Sacrament of First Communion on May 10th.

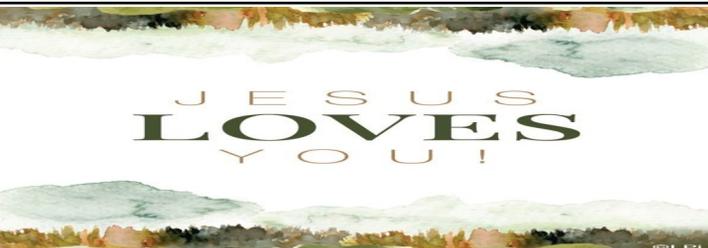
### Live The Liturgy - Inspiration For The Week

Salt without flavor is no longer salt. Light that illuminates nothing is no longer light. As Christians, we must be what we have been made to be. So think about it, carefully: what stands between you and being who you were made to be? ©LPi



### Prayer For Everyday And Everybody Blessing of Mission

Bless us on our way, O Lord. Share with us as we share with others. Heal us as we help others to heal. Provide for us as we open our hands in charity. Every gift comes from You. You are at the heart of all that is good. Share that goodness with us today, abundantly. Amen. ©LPi



### Lector - Feb. 8, 2026

John Robinson

### Lector - Feb. 15, 2026

Mary Barraco

### Eucharistic Ministry

#### Center

#### Mary's Side

Feb. 8th

Mary Anne Bergamo Pat Minnoe

Feb. 15th

Karen Fekete Mary Beth Cusano

Feb. 22nd

Cathy Horton Larry Argiro

### paFISHioner Sponsor 2026

With the exciting return of our fish dinners we are bringing back our "paFISHioner" sponsor as well. Sponsorship is \$25.00, or other amount, and a paFISHioner sponsor sheet will be on the tables at the Pastime Club. Please either mail a check and the filled our form below to SJB/HT 406 Court Street Syr. NY 13208, or drop an envelope in the collection basket marked to Nancy's attention. Please do not put it in your regular collection envelope. Sponsorship will be accepted from now until the end of the dinners.

#### Form

Donor: \_\_\_\_\_

Sponsorship amount: \_\_\_\_\_

In Memory/Honor of: \_\_\_\_\_

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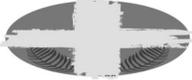


**SUNDAYS**  
OF LIGHT IN COMMUNITY

**9:00am Mass Intentions for SJB/HT**  
**February 8, 2026** - The Emm Family - The Estate  
 Antonio McLaughlin - Mother  
 Giovanna Mattina - Maria Troppei

**February 15, 2026** - Joy Wittwer - Michel Witter  
 John Butwin - Mary Callahan  
 Rose Mary Connors - Daughters  
 Virginia Frigon - The Cannizzaro Family

**Ash Wednesday**  
**Wednesday February 18th**  
 Mass schedule and Ashes will be distributed as follows:  
 OLP/SP - 9:00am  
 SJB/HT - 12:15pm



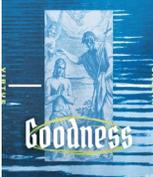
**Stations of the Cross**  
 At SJB/HT we will offer stations before our Sunday Mass. Stations will begin at 8:40am. Looking for leaders to read each station either at the podium or while walking around each station with the portable mic. Parishioners are welcome to walk each station as well. So we need leaders for **February 22nd, March 1st, March 8th, March 15th and March 22nd.** Please contact Nancy at the rectory 315-478-0916. Thank you.



**Rectory Closed**  
 SJB/HT and OLP/SP rectories will be closed on Monday February 16th due to President's Day holiday. There is no 9:00am mass at OLP/SP.



**Virtues Explained**  
**Goodness, Explained!**  
 In the beginning, goodness was all there was. And in the end, only goodness will remain.



The word "good" is repeated so often in the first verses of Genesis that it has become almost cliché. God sees what He has made, and He calls all of it "good" (Genesis 1:31). Likewise, on the very first page of the Catechism of the Catholic Church, we read that God created man "in a plan of sheer goodness ... to make him share in his own blessed life." (CCC 1). When we see goodness, we cannot help but think of God (Wisdom 13:1).

In baptism, the Holy Spirit gives us the sanctifying grace of justification, which is, among other things, the ability to grow in goodness through an increase in moral virtue (CCC 1266). Baptism, therefore, disposes us toward goodness, and the more we ask the Holy Spirit for goodness, the more it will be possible for us. ©LPi

**A Family Perspective**  
**Family Life Education**

Today's Gospel challenges us to be a "light" to our family. Parents shine their guiding light, not in front but behind them, inviting their children to follow their "good deeds."



**Pray For Vocations**  
 Let your "Yes" mean "Yes," and your "No" mean "No." Be always ready to say YES for God's calling! Email: [vocations@syrdio.org](mailto:vocations@syrdio.org) and follow us on Instagram [@vocationsyracuse](https://www.instagram.com/vocationsyracuse).



The Sanctuary Lamp will burn in memory of The **Princi Family**  
 Requested by Daughter Maria  
**Sr. Rose Hobbs, RSM**  
 Requested by A Friend



**Sacrificial Giving**  
 Collection Feb. 1, 2026: \$1,654.00

**Offering Envelopes**



**Reflect: Readings and Gospel**

**1st Reading Question:** We hear from Isaiah that the Lord expects us to feed the hungry, clothe the naked, and avoid false accusations and hateful speech. Which of these virtues could you practice this week?

**2nd Reading Question:** Paul encourages the Corinthians to ground their faith in the power of God and not in human wisdom. How can you make this a regular habit?

**Gospel Question:** Jesus challenges his disciples to have a positive influence in the world. Who do you know makes the world a better place? ©LPi



**Parishioners, please look through this list for any names that should be removed. Also, if you have a loved one to request for prayers call the office to have their name added.**

**Remember:** Mike Affleck, Shawn Babcock, Nancy Bailey, Jack Brien, B.J. Bubniak Family, Arlene Bukowski, Ashley Caiello, Robert Capria, Catherine Cushman, Linda Deapo, Theresa Domathowski, Hank Donohue, Ginny & Erin Donovan, Tenley Farrow, Marilyn Ferretti, Ellen Gangemi, Gladys Graham, Robert Greenwood, Joseph Guinto, Jeanne Hammond, Mary Isgar, Carla Johnson, Tony Lauretti, Shirley Kerr, Emma Lane, Kay Ledermann, Jackie Limeri, Luciano Luisi, Steven Malkoski, Judy & Skip Marioritti, Michael & Darlene Morga, Diane Moro, Peggy Palerino, The Pavia Children, Antoinette Perotta, Faith Setzer, Marion Sherwood, Esther Sindoni, John Sobon, Patricia Soule, Timothy K. Suppes, Patrick St. Thomas IV, Barbara Traino, Shelly Visco, Matthew Watkins, Fred Wheeler and Carol Young. **We also remember in our prayers our Service Men and Women & our Health Care Workers. Due to HIPAA laws, hospitals are not allowed to give names of patients. Please notify the parish office if you have a loved one in the hospital, a nursing home or is homebound and would like a visit.**



**Contribution Statements**  
 If you require a SJB/HT Contribution Statement of your church donations for 2025 taxes, please contact the rectory during office hours, 315-478-0916, email at [nbergeson@syrdio.org](mailto:nbergeson@syrdio.org) or fill in the slip below and send to SJB/HT 406 Court St. Syr. NY 13208, or, save a stamp and put your request in a plain envelope and put it into the collection basket attention "Nancy".

**PLEASE DO NOT PUT YOUR REQUEST INTO YOUR CONTRIBUTION ENVELOPES.**

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 C/S/Z: \_\_\_\_\_ Envelope Number: \_\_\_\_\_

