

St. John the Baptist and Holy Trinity Parish

406 Court Street Syracuse, NY 13208

Office (315) 478-0916 Fax (315) 423-8096

June 22, 2025



From Fr. Brendan Foley

We can often take for granted the incredible miracle that happens before our very eyes each and every time we gather for Mass around this altar. Jesus, in his unfathomable love for his body the Church, makes his life present substantially for us in the Eucharist. Through Jesus speaking the words of consecration in his priest, mere bread and wine are transubstantiated into his very body and blood. We are privileged then to consume this gift of his life, so as to lead us in our mere human flesh to be transubstantiated, too. What then happens (more often subtle and little by little) we are transformed by the power of divine life; you and I are invited to receive this incredible gift of love that makes us, here and now, sharers in the life of heaven—a gift, I pray, we never take for granted.

St. Mary's parish in Buenos Aires, Argentina, was home to three profoundly miraculous events back in the 1990s. Particles of the consecrated host that were discovered on the corporals (small white altar cloths) and, as normally prescribed by the Church, were delicately transferred to be dissolved in water to be then cared for according to the Church's expectation regarding the utmost sacredness and respect for the Eucharistic species. It was noticed that on a particular occasion that after having cared for the fragments of the Eucharist, after a number of days the Eucharist had not dissolved as it normally would. After a few additional days it was discovered that the Eucharistic particles turned to blood. Astounded by this, witnesses and the parish priest were instructed to collect samples that were eventually investigated by forensic scientists, forensic pathologists, and eventually cardiologists due to the nature of their findings. (If you'd like to investigate with them, see Dr. Ricardo Castañón Gómez a Bolivian neuropsychophysiologicalist, and Dr. Frederick Zugibe a prominent forensic pathologist and cardiologist from Columbia University, New York.)

The miraculous blood that had been sampled revealed evidence of cell structures only present in cardiac muscle tissue and in type AB Blood (the universal recipient!), and this has been consistent across the examinations in other Eucharistic miracles, as well. The medical findings also said that the nature of this tissue found is that it also reflects characteristics of one who has suffered traumatic injury, due to the reflection of a compromised supply of blood to the heart, and lastly the sample of blood reflected the image of looking at muscle fibers that are *living*—like a still shot of what living cardiac tissue looks like.

Ok I'll get to the point...yes we know because Jesus himself has instituted for us this supreme gift of his life offered to us in the Sacrament of the Eucharist. The Eucharist is Jesus' body, blood, soul and divinity. We know this. We should continue to ask Jesus for the grace to grow in our ability to know and sense his real presence there in the Eucharist, and for a greater spirit of reverence, adoration, and gratitude in us for the love that the Lord continually shows us in making himself present in this way. **When you and I receive Jesus in the Eucharist, we are receiving his beating, suffering, loving heart for you and for me.** He desires to nourish us with his heart, because his life ushers us to share eternal life and be transformed by the power of the eternal even now—for he, himself said, *unless we eat his flesh, and drink his blood we have no life in us*. Which means you and I don't really "come to life" until Jesus' heart is beating within us. Today as we celebrate this solemnity of the Lord's Most Holy Body and Blood, we ask for an increase of faith to recognize Jesus' presence in the Eucharist and we pray that the consolation we receive that can only come from His heart may produce fruit in us, and that through us, His beating heart may spread to all those we meet.

Pastor: Father We can often take for granted the incredible miracle that happens before our very eyes each and every time we gather for Mass around this altar. Jesus, in his unfathomable love for his body the Church, makes his life present substantially for us in the Eucharist. Through Jesus speaking the words of consecration in his priest, mere bread and wine are transubstantiated into his very body and blood. We are privileged then to consume this gift of his life, so as to lead us in our mere human flesh to be transubstantiated, too. What then

Secretary/Bulletin: Nancy Bergeson
In Residence: Fr. Paschal Anionye
Music Director/Organist: Mr. James Stanley
Buildings/Grounds: Robert Warren
Religious Education: Betty Warren
Sacristan/Grounds: Allan Chouinard
Altar Servers: Benjamin Chouinard
Alyssa Warren & Cecilia Judge



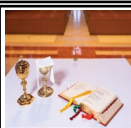
Rectory Offices Closed

Holiday Office Hours

SJB/HT and OLP/SP rectories will be closed on Friday July 4th in observance of the Independence Day Holiday. Have a safe and Blessed 4th of July weekend.

Church Signs Are Up!

Our new signs have been installed and it was definitely a team effort to bring this to completion. Thank you to the Parish Council and Fr. Foley for input and design of it, to Warn/McKenna As Agency for their fabrication expertise, and to Bob Warren and Max Fekete for installing our sign.



Lector - Sunday June 22nd

9:00am SJB/HT: Mary Barroco

Lector - Sunday June 29

9:00am SJB/HT: Pat Minnoe

Eucharistic Ministry

Center

June 22nd
June 29

Larry Argiro
Karen Fekete

Mary's Side

Cathy Horton
Dave William

A Family Perspective Family Life Education

In today's gospel Jesus teaches we will find abundance by sharing the little we have. No matter how little time, money or food we have, it is enough to share.



Pray For Vocations

In His feeding of the large crowd, Jesus included the Twelve in preparing the crowd to receive the miraculously multiplies bread. Is He calling you to help those around you to receive the gifts He offers them by being a religious, a priest, or a deacon? Reach out to the Vocation Office via email: vocations@syrdio.org and follow us on Instagram [@vocationssyracuse](https://www.instagram.com/vocationssyracuse).



Reflect: Readings and Gospel

1st Reading Question: In reaction to the thanksgiving meal of bread and wine, Abram generously gave Melchizedek a tenth of his possessions. What could you give back to God this week out of gratitude?



2nd Reading Question: Paul tells us from the very beginning the early Church celebrated the Eucharistic meal as a remembrance of Jesus' death and as central to our faith. How does the Eucharist strengthen your faith?

Gospel: The miracle of the feeding of the 5,000 underscores Jesus' desire to feed us. What do you find yourself hungry for today? ©LPi



CORPUS CHRISTI
Celebrating the real presence of Jesus in the Eucharist.

©LPi

The Mass Book for the remainder of the year is now open.
Please call or visit for requests for August through December.

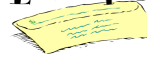


9:00am Mass Intentions for SJB/HT

Sunday June 22, 2025 - David McLaughlin - Mother
Maureen White - Fred Galimi
Joe Valentine - Angela Murphy
Anthony DelVecchio - Wife & Family

Sunday June 29, 2025 - Kit Moore - Peter White
Maureen White - Peter White
Lillian Greenwood - Sally Lissi
Deceased class members of SJBA 1955 - Alumni

Offering Envelopes



Sacrificial Giving

Week June 15th

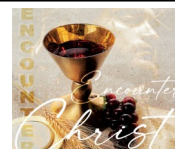
SJB/HT Collection: \$1,879.00

Recognize God In Your Ordinary Moments

By Colleen Jurkiewicz Dorman

As the Day Was Drawing to a Close

It isn't uncommon for me to get to the noon hour only to realize that I haven't yet eaten anything that day.



It drives my husband crazy. He was raised by a bunch of Italian women, so he can't help but think three meals ahead. And don't get me wrong, I love food — I literally dream of donuts. But some days, I'm just so busy and I keep putting it off until I realize how weak I feel, how light-headed. And I think to myself: *Stupid, you've done it again.*

This is what comes to mind today, on the Solemnity of the Most Holy Body and Blood of Christ, as I read the Gospel account of the miracle of the loaves and fishes.

I think of hunger, distraction and the poor planning of those who pride themselves on being capable.

"As the day was drawing to a close," it is written — that's when the disciples finally realized that 5,000 hungry people is not an ideal situation.

I wonder, did Jesus roll his eyes when they came to him, and think, "Finally"? At any point he could have pulled out a fish and said a blessing. But he waited for them to ask. He waited for them to realize how badly they needed it.

Sometimes we forget that we *need* the Eucharist. It's not just a nice thing to have, a sweet act of devotion, a sacramental item that bolsters our faith. The Eucharist is none of those things. The Eucharist is the food without which we will die. The Eucharist is something we must seek out. Remember: the day is drawing to a close. ©LPi

Mass Schedule OLP/SP 315-422-7163

Saturday Vigil - 4:00pm Vietnamese Mass 6:00pm

Sunday - 7:30am, 11:30am

9:30am Vietnamese

Monday - Thursday 9:00am in the Chapel

Reconciliation Wednesday 4:00-5:00pm

Call the Rectory to arrange for marriages, arrangements made six months prior to date. Contact our organist directly. Information will be provided. Call the rectory for baptisms and hospital/home visits.



Sign Before the Gospel

Question: I have been going to Mass for years and have always wondered: why do we make the three signs of the cross before the Gospel?

Answer: Certainly, many people go to Mass or other devotions, doing and saying things out of habit or reverence and not really understanding the reasons behind some of these things. But everything we do has a meaning or purpose that helps us to worship better, proclaim our beliefs, or focus the attention of the people on something that has a greater importance or significance. A review of the meaning of various gestures and practices can help us have a deeper appreciation for what we do.

There is a little prayer that goes with the three crosses before the Gospel: “May the words of the Holy Gospel be on my mind, on my lips and in my heart.” In standing to hear the Gospel, we acknowledge that Jesus is present, and the words of the Gospel are addressed to us. All of the gestures and special postures we adopt before the Gospel are intended to help us prepare for hearing the Word as well as act on it. The incense, the Alleluia, the deacon or priest, and the special dialogue and announcement that introduces the Gospel help us focus our attention on the Good News we are about to hear. The three signs of the cross show our desire and good intention to hear and live the Gospel. ©LPi

Sacred Vessels

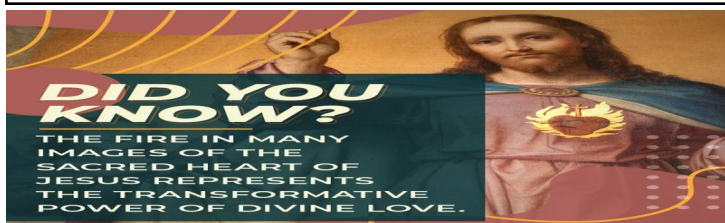
Have you ever paid attention to the purification of the sacred vessels after Holy Communion? If you haven't, I highly recommend doing so this Sunday. See the care with which the priest handles the chalice and the paten, pouring water into them to cleanse any loose particles of the Body and Blood of Christ. Observe the loving reverence he uses in wiping them dry with a special purificator. It's a ritual unto itself, and a powerful moment for reflection.

These vessels begin as earthly objects. They are made by human hands. There is nothing special about them — not until they go about the work for which they have been created. Until they contain the Body and Blood of Christ, they are only ordinary objects. But after they have carried within them the Eucharist, they are never the same. They will always be special and deserving of special care.

That's why partaking of the Eucharist is, for us, an evangelical undertaking. It is both a transformation and a declaration. When we accept this tremendous gift, we are proclaiming what we believe, and we are accepting the grace to follow through on that commitment.

When we are receiving the Eucharist, it is not possible for us to be passive. We become the vessel. We carry Christ into the world with us.

But do we act like it? Do we treat ourselves — our bodies, our souls — with the same respect as the priest cleansing the chalice? Do we treat one another with the reverence we would reserve for a sacred object? When we look at another person with anger or irritation or envy, do we acknowledge the change that we have willingly undergone by receiving Christ's Body and Blood into ourselves? ©LPi — Tracy Earl Welliver, MTS

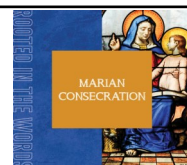


Devotions Explained

Marian Consecration, Explained

Marian consecration, the act of consecrating oneself to Jesus through the intercession of his Blessed Mother, is actually rooted in the words of Jesus himself when he beseeched the Apostle John to look upon Mary as his mother (John 19:27) and to “take her into his own home.” He was actually instructing us all to do likewise — to “behold your mother” and take Mary into our hearts, for wherever she is beloved, Christ is known and praised.

St. Maximilian Kolbe described Mary as “the stairway to Heaven.” Marian consecration, therefore, could be likened to climbing the stairs. Different formulas exist for spiritual development in preparation for the consecration, based on the writings of saints like St. Louis de Montfort, and there are different prayers for the act of consecration. However, there is no “right” way to consecrate oneself to Jesus through Mary, so long as the ultimate goal is closeness to Christ and the glorification of God. ©LPi



Prayer For Everyday And Everybody Prayer for the True Presence

Jesus, What a gift we have in your True Presence: the assurance of your friendship, your company, your grace, your love. Increase our thirst for you as you, also, desire to draw closer to us. Amen. ©LPi

THE BODY AND BLOOD OF CHRIST



Remember: Mike Affleck, Shawn Babcock, Nancy Bailey, B.J. Bubniak Family, Arlene Bukowski, Ashley Caiello, Robert Capria, Catherine Cushman, Linda Deapo, Theresa Domathowski, Hank Donohue, Ginny & Erin Donovan, Jenny Emmi, Tenley Farrow, Marilyn Ferretti, Ellen Gangemi, Gladys Graham, Robert Greenwood, Joseph Guinto, Jeanne Hammond, Mary Isgar, Carla Johnson, Tony Lauretti, Shirley Kerr, Emma Lane, Kay Ledermann, Jackie Limeri, Luciano & Maria Luisi, Judy & Skip Marioritti, Michael & Darlene Morga, Diane Moro, Peggy Palerino, The Pavia Children, Antoinette Perotta, Faith Setzer, Marion Sherwood, Esther Sindoni, John Sobon, Patricia Soule, Timothy K. Suppes, Patrick St. Thomas IV, Barbara Traino, Gerry Vaccaro, Shelly Visco, Matthew Watkins, and Fred Wheeler. **We also remember in our prayers our Service Men and Women & our Health Care Workers. Due to HIPAA laws, hospitals are not allowed to give names of patients. Please notify the parish office if you have a loved one in the hospital, a nursing home or is homebound and would like a visit.**

